

# SPECIAL PROGRAMS

## Continuing Education and Workforce Development

Chandler-Gilbert Community College offers life-long learning opportunities through non-credit courses. The Continuing Education Department offers courses designed to enhance personal and professional development through classroom instruction as well as online learning.

Workforce development at CGCC brings together employers, employees and education. Instruction is either at the company, at the college, or online. Students can enroll in CTE programs or take courses to learn skills needed by current or future employers.

To continue learning with flexible courses year-round, call 480#857-5500.

## Fitness, Wellness and Recreation

CGCC offers a variety of fitness, wellness, and recreation opportunities on the Pecos and Williams Campus.

### Fitness Center

The Pecos Fitness Center features state-of-the-art cardiovascular training equipment, Life Fitness and Cybex weight training machines, and a complete free-weight area with Olympic style platforms and bumper plates. The Fitness Center is equipped with TRX trainers, plyometric boxes, medicine balls, stability balls, bands and hurdles for complete performance training. Whether you are an elite athlete or a week-end warrior we have all of the equipment that you need.

All members of the Pecos Fitness Center are offered personalized instruction, a complete fitness assessment, and body composition analysis from our degreed and certified instructors. Fitness Center members also have access to amenities such as locker rooms and shower facilities.

To use the Fitness Center, all students must be enrolled in a credit (PED115) or non-credit (Fitness 600-100) Lifetime Fitness course. PED115 students also have access to Group Fitness Courses. Additional information is available by calling the Pecos Campus Fitness Center at 480#732#7200.

### Group Fitness Classes

Chandler-Gilbert also has a wide variety of group fitness classes open to students. All Group Fitness classes are 1-credit classes and have the PED101 prefix. Students may choose from Boot Camp Fitness, Zumba, Pilates, Yoga, Restorative Yoga, Stretch and Relaxation, Tai Chi, Karate and other classes.

To see a complete list of group fitness classes being offered this semester, please see the current schedule of classes.

Students, faculty, staff, and community members interested in using the Fitness Center or taking a group fitness class can contact the Pecos Campus Fitness Center at 480#732#7200 for more information.

## Honors Program

The CGCC Honors Program provides the opportunity for academically advanced students to participate in challenging and rewarding educational experiences. The purpose of the Honors Program is to

foster greater depth of thought in reading, writing, and discussion with faculty and guest lecturers, which will better prepare Honors students to complete baccalaureate degrees or to begin their careers. A variety of academic scholarships are available to eligible Honors Program students.

Honors students enjoy:

- Scholarships
- Special recognition on transcripts and diplomas
- Cultural and social activities, such as the Honors
- Forum Lecture Series and other experiential learning activities
- Enhanced intellectual growth through Honors courses and projects

Students with a cumulative grade point average of 3.25 or higher and have earned at least 12 credit hours of Maricopa Community College coursework are invited to apply as an Honors Achievement Scholar. Recent high school graduates with an unweighted GPA of at least 3.25 from attending an accredited Maricopa County high school are invited to apply to the Honors Program as a Presidents' Scholar. Other requirements may apply at the time of application.

For full details and specific requirements about the Honors Program or Honors scholarships, visit [www.cgcc.edu/honors](http://www.cgcc.edu/honors) (<http://www.cgcc.edu/honors/>) or contact the Honors Office at 480#732#7252 or [honors@cgcc.edu](mailto:honors@cgcc.edu).

## Performing Arts

The Performing Arts Program at CGCC offers an integrated approach to dance, theatre, and music. The classes, while separate, are coordinated within the area to provide students a broader base and more versatility in their performing arts education.

Students can explore all aspects of the performing arts at CGCC. The department offers a transfer program to four-year institutions in music performance, music education, music theory, dance education, dance performance, theater education, theater performance, technical theater and musical theater. Two-year degrees are offered in dance and theatre and music business as well as a certificate of completion in music business. Preparing for life after CGCC is the focus of the program and student success is the goal of the dedicated faculty. There are many opportunities for students to develop skills leading to work in the performing arts, and related areas.

The Arnette Scott Ward Performing Arts Center (the PAC) is home to the CGCC's music, theatre, and dance faculty and staff. It houses a costume shop, scene shop, and its heart, a 299-seat performance venue. In addition, the program has ample teaching facilities including two dance studios, a revitalized black box theater, an instrumental music room, choir room, music library, rehearsal rooms and studio recording space.

For more information on performing arts at CGCC, visit [www.cgcc.edu/arts](http://www.cgcc.edu/arts) (<https://catalog.cgcc.eduhttp://www.cgcc.edu/arts/>) or call:

Contact	Phone Number
Dance and Musical Theatre	480-732-7136
Instrumental Music	480-732-7290
Music Business	480-857-5182
Theatre	480-732-7040
Vocal Music and Musical Theatre	480-732-7144