

# PSYCHOLOGY (PSY)

## PSY101 / Introduction to Psychology

### 3 Credits / 3.0 Periods for Lecture

Overview of the study and methods of psychological science. Includes an introduction to subfields such as biopsychology, learning, memory, development, social, and psychological disorders. Prerequisites: None.



SUN# PSY 1101

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

## PSY123 / Psychology of Parenting

### 3 Credits / 3.0 Periods for Lecture

The demonstration and application of psychological principles to parenting and the development and guidance of children and adolescents. Prerequisites: None.

**Division:** Social & Behavioral Sciences

## PSY132 / Psychology and Culture

### 3 Credits / 3.0 Periods for Lecture

Presents current knowledge about human diversity in behavior and culture using examples from a variety of contexts within western and global societies. Highlights topics in cross-cultural psychology, such as intergroup relations, diverse cognitive styles, ethnocentrism, gender, personality, emotion, language, communication, work and health. The role of enculturation throughout the lifespan will be explored to increase awareness of how behavioral and cognitive principles affect interactions in a multicultural world. Prerequisites: None.

**Fulfills:** Cultural Diversity in the US [C]-in combo; Cultural Diversity in the United States [C]; Global Awareness [G]; Global Awareness [G]-in combo; Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

## PSY156 / Understanding Death and Dying

### 3 Credits / 3.0 Periods for Lecture

Designed to give the student an understanding of the research and theories of death, dying, bereavement process, and aspects of end-of-life care and decision-making. Prerequisites: None.

**Division:** Social & Behavioral Sciences

## PSY157 / African/Black Psychology

### 3 Credits / 3.0 Periods for Lecture

Historical overview of the development of Black Psychology and the African-American "frame of reference." Includes topics such as family, psychological assessment, mental health, male/female relationships, personality and community development as well as educational, ethical and contemporary issues. Critical examination of psycho-cultural forces which have helped to shape and determine the unique thought, styles, behavior of African-Americans and to gain a greater appreciation of the theories, research, writings, and activities of Black Psychologists. Prerequisites: None.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo; Cultural Diversity in the US [C]-in combo; Cultural Diversity in the United States [C]

**Division:** Social & Behavioral Sciences

## PSY215 / Sports Psychology

### 3 Credits / 3.0 Periods for Lecture

Application of the physiological, behavioral, social, cognitive, and humanistic perspectives in psychology to sport. Includes topics such as optimal performance, correlation, motivation, co-action effect, self-actualization, psycho-behavioral techniques, self-efficacy, and the general health benefits of sport participation. Prerequisites: None.

**Division:** Social & Behavioral Sciences

## PSY218 / Health Psychology

### 3 Credits / 3.0 Periods for Lecture

Behavioral and mental foundations of health, wellness, illness, and disease, and psychological dimensions of medical intervention.

Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

## PSY225 / Psychology of Religion

### 3 Credits / 3.0 Periods for Lecture

Provides an introduction to the history, varieties and theories of the psychology of religion from an empirical, research-based perspective. Specific areas of study include the role of gender, age, socioeconomic status, and personality on religious experience, the effects of religion and prayer on mental and physical health, the development of religious thought and behavior over the lifespan, and the social psychology of new religious movements. In addition, the role of cultural differences on religious attitudes both within the USA and around the world is also addressed. Prerequisites: A grade of C or better in PSY101 or permission of Instructor.

**Fulfills:** Global Awareness [G]; Global Awareness [G]-in combo; Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY230 / Introduction to Statistics****3 Credits / 3.0 Periods for Lecture**

An introduction to basic concepts in descriptive and inferential statistics, with emphasis upon application to psychology. Consideration given to the methods of data collection, sampling techniques, graphing of data, and the statistical evaluation of data collected through experimentation. Required of psychology majors. Prerequisites: A grade of C or better in (PSY101 and eligibility for MAT14+ or higher as indicated by appropriate district mathematics placement) or permission of Instructor.

**Division:** Social & Behavioral Sciences

**PSY231 / Laboratory for Statistics****1 Credit / 2.0 Periods for Laboratory**

Applications of inferential and descriptive statistics to statistical software in the field of psychology. Prerequisites: None. Corequisites: PSY230.

**Division:** Social & Behavioral Sciences

**PSY235 / Psychology of Gender****3 Credits / 3.0 Periods for Lecture**

To assess historical and psychological perspectives on women and men and to evaluate contemporary viewpoints regarding the psychology of women and men. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Cultural Diversity in the US [C]-in combo; Cultural Diversity in the United States [C]; Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY240 / Developmental Psychology****3 Credits / 3.0 Periods for Lecture**

Human development from conception through death. Includes biological, physical, cognitive, emotional, and sociocultural development across various ages. Prerequisites: A grade of C or better in PSY101, or permission of Instructor. Course Notes: Recommended for students majoring in nursing, education, behavioral, pre-med, and psychology.

**Division:** Social & Behavioral Sciences

**PSY241 / Understanding and Changing Behavior****3 Credits / 3.0 Periods for Lecture**

Theory and methods for observing, analyzing, and modifying behavior. Prerequisites: A grade of C or better in PSY101 or permission of Instructor.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY243 / The Psychology of Developmental Disabilities****3 Credits / 3.0 Periods for Lecture**

The interrelationships among the physical, intellectual, social, and psychological aspects of developmental disabilities (DD). Various service approaches, policies, and programs designed to foster an adequate adjustment for individuals with DD and their families. Values and beliefs relating to persons with developmental disabilities. Prerequisites: A grade of C or better in PSY101.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY250 / Social Psychology****3 Credits / 3.0 Periods for Lecture**

The scientific study of how people's thoughts, feelings, and behaviors are influenced by other people and situations. Includes how we think about ourselves and others, persuasion and influence, sexual and romantic attraction, friendship and helping others, aggression and prejudice. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY260 / Psychology of Personality****3 Credits / 3.0 Periods for Lecture**

Introduction to theories of personality with emphasis upon application of specific theories towards the understanding of individuals. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY262 / Positive Psychology: The Science of Well-Being****3 Credits / 3.0 Periods for Lecture**

Overview and application of psychological principles based on strengths and resilience of human beings as opposed to dysfunction and symptoms of mental disorders. Topics include happiness, relationships, resilience, optimism, well-being, and brain research explaining positive emotions. Prerequisites: None.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY266 / Psychological Disorders****3 Credits / 3.0 Periods for Lecture**

Distinguishes between healthy psychological functioning and psychological disorders. Includes topics in psychopathology such as problems with anxiety and depression, eating disorders, substance-use, schizophrenia, sexuality, and personality. Also covers causes and treatments of psychological disorders. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Division:** Social & Behavioral Sciences

**PSY267 / Introduction to Forensic Psychology****3 Credits / 3.0 Periods for Lecture**

Overview of the practice of psychology in the law, by the law, and of the law. Focuses on the complementary functions and distinctions between psychology and the legal justice system. Topics include, but are not limited to, criminal investigations, risk and level of danger, competency, interrogations, confessions, assessment, eyewitness testimony, child custody, and domestic violence. Prerequisites: A grade of C or better in PSY101 or permission of Instructor.

**Division:** Social & Behavioral Sciences

**PSY275 / Biopsychology****4 Credits / 5.0 Periods for Lecture & Lab**

Biological foundations of sensation, perception, motivation, emotion, cognition and psychopathology. Designed for students in the life sciences. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Natural Sciences General [SG]; Natural Sciences General [SG]-in combo

**Division:** Social & Behavioral Sciences

**PSY277 / Psychology of Human Sexuality****3 Credits / 3.0 Periods for Lecture**

Survey of psychological and physiological aspects of human sexual behavior. Emphasis placed on the integration of the cognitive, emotional, and behavioral factors in sexual functioning. Prerequisites: A grade of C or better in PSY101. Course Notes: PSY277 course may contain adult content. All students under the age of 18 are required to have a signed parental consent form on file, which is on the back of the Under the Age of 18 Enrollment Form.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY280 / Industrial/Organizational Psychology****3 Credits / 3.0 Periods for Lecture**

The application of psychological principles to business and industry practices including organizational structure, leadership, personnel, employee stress and conflict, workplace conditions and job performance. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences

**PSY290AB / Research Methods****4 Credits / 3.0 Periods for Laboratory, 3.0 Periods for Lecture**

Planning, execution, analysis, and written reporting of psychological research using American Psychological Association guidelines (APA). Surveys the literature, procedures, and instruments in representative areas of psychological research. A grade of C or better required in all Prerequisites. Prerequisites: ENG101 or ENG107. Prerequisites or Corequisites: PSY230 or PSY230WL or permission of Instructor.

**Division:** Social & Behavioral Sciences

**PSY290AC / Research Methods Laboratory****1 Credit / 2.0 Periods for Laboratory**

Laboratory experience in support of PSY290AC lecture course. A grade of C or better required in all Prerequisites. Prerequisites: ENG101 or ENG107. Prerequisites or Corequisites: PSY230 or PSY230WL or permission of Instructor. Corequisites: PSY290AC lecture course.

**Division:** Social & Behavioral Sciences

**PSY292 / Psychology of Altered States of Consciousness****3 Credits / 3.0 Periods for Lecture**

Examines phenomena and history of altered states of consciousness. Surveys scientific principles, methods and applications in altered states research. Reviews current psychological research in topics related to sensory deprivation, daydreaming, meditation, hypnosis, sleep and dreams, and the effects of drugs. Prerequisites: A grade of C or better in PSY101, or permission of Instructor.

**Fulfills:** Social-Behavioral Sciences [SB]; Social-Behavioral Sciences [SB]-in combo

**Division:** Social & Behavioral Sciences